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others 19 honest



Gentlemen:

Tick, tick, tick goes the clock as your precious little girl grows, grows, grows. Home from the hospital. First steps. First birthday. Driving. Off to college. How did that happen? Where did the time go? Time will stop for no man, therefore we should strive to cherish each moment now

Tonight is one of those moments. Why not commit to be much more intentional about spending time with your girl? Consider a date each month – eleven dates in 2011 – 11 N 11. Nothing fancy required, just some one-on-one time doing something she will enjoy and getting to know one another.

Sometimes we, as fathers, aren't sure how to really talk with our daughters, especially when they are young. The booklet that you hold in your hands is but one resource that you may consider to guide conversation during your time together. Let it serve as a catalyst for more ideas and renew your passion to optimize the remaining time that you have with your daughter, before she walks out the door.

Seize the moments.

Boyd Bailey Father of Four Daughters William F. "Woody" Faulk Father of Three Daughters





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How to Use This Booklet

The following pages have been organized into eleven individual dates for you to have with your daughter. Each monthly date suggests a location, a time, and topics for discussion. If you have more than one daughter, schedule individual dates with each of them. The goal is to build a relationship with each of your girls, not to group them all at once. They want one-on-one time with just you. Don't take shortcuts if you wish to maximize your relationship. It takes time.

A suggested next step is to pull out your calendar, Blackberry, iPhone, etc. and proactively book time with each daughter. Practically speaking, the time

will probably be on weekends - at least during the school year - so select the date that best works for your family. Also, bear in mind where your daughter is in her physical and mental development when selecting the time of day. Don't select a time that works best for you; rather choose wisely a time when she will be at her best.

Take it a step further and actually send her a handwritten invitation a week or so out, so that she has something to look forward to and enjoy anticipating.

Feel free to use the material in this booklet, or create your own. The magic is in the time you spend together and in discovering one another – not in following a formula. Do not approach this as a to do exercise; focus instead on wanting to be together. Your plans may completely fall apart depending on what is going on at the present, but that's okay; just remain flexible and steadfast in spending the time together. Then you may enjoy the rewards of a greater intimacy and deeper relationship with your young princess.



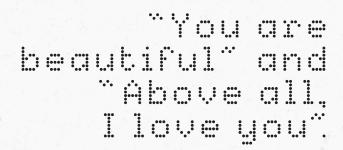


How to Date Your Daughter

The key to making the most of these special times with your daughter is to really focus on her. Think back to when you were dating your wife: you probably refrained from checking your phone and e-mail. The same holds true for your daughter. She senses and knows if you are not giving her your all. She wants your full, undivided attention during your date. Give it to her.

Secondly, even though she may be young, model the behavior you want her to expect from men in the future. The way you treat her (and her mother) sets the bar for future suitors. Talk to her in a respectful, engaging manner. Teach her the art of conversation. Look her in the eyes when she is speaking. Listen to her. Open the door for her. Pull out her chair. It sounds very elementary, but you would be surprised at how many men forget, or have never been taught, these basics. And you will be surprised at the impact it will have on your daughter when you treat her like a lady.

Third, be prepared. Have something to do and have something to say. On the next page are some idea generators for activities to share. Each monthly date has suggested topics so you will have something to discuss.





Fourth, embrace the spontaneous moments to create "only you two" memories. You never know what magic can occur when you are spending time together. These moments weave the memories into what she will remember about you, and what you will remember about her.

Finally, and most importantly, look her in the eyes after every date and tell her two things: "You are beautiful" and "Above all, I love you." That is what every girl wants and needs to hear from her father. She can never hear it enough. Nothing will build her self-esteem more than consistently hearing these two messages from you.

Where to Go/What to Do:

- Bike rides in neighborhoods or local trails
- Visit the local park or state parks
- Visit the local playground
- Camp Out backyard and beyond
- Breakfast out at a place she likes
- Lunch out at a place she likes
- Dinner out at a place she likes
- Trip for ice cream
- Trip to coffee shop
- Travel together on business trips
- Daddy Daughter day at work
- Shopping





FEBRUARY - LOVE IS KIND

| Day of Date . | | | |
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THE BIG PICTURE

We all love to be treated with kindness, and to hear kind words like, "Thank you," "I love you" and "I forgive you." How does it make you feel when someone is kind to you? Happy? Grateful? Special?

This month think about specific ways to extend kindness to others at home, school and work – especially to those who may be unkind to you. Kindness acts like a cure for bad feelings, so extending kindness to others who are grouchy, sad, or upset will go a long way. Remember, you can never be too kind.

CONVERSATION STARTERS

- 1. How does the dictionary define kindness?
- 2. What kind words make you feel special?
- 3. What kind actions do you like for others to do for you?
- 4. Who do you know that needs a kind word or act from you?
- 5. Who are three people you know who are good examples of how to show kindness?

FUN IDEAS

- 1. Have a kindness competition at home.
- 2. Describe specific ways to be kind to someone who is unkind.
- 3. Be kind to mom by making breakfast together and serving her.







FOR DAD'S EYES ONLY

Remember: kindness is more "caught" than "taught," and it should always be genuine. Make sure your little girl "catches" you being kind to her mom, the difficult person on the other end of the phone, the server at the restaurant, and when they overhear your conversations about other people. Ask yourself, "How would I want others to talk about me?"

- What did I learn about my daughter?
- What did I feel today?
- Based upon this insight, do I need to take action in any area? If so, what?



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"Little girls are the nicest things that happen to people" - Allen Beck



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MARCH - LOVE IS HONEST

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THE BIG PICTURE

We all struggle with telling the truth from time to time. We are afraid the truth may hurt someone's feelings, or of getting in trouble, or of rejection. Whatever the reason, nothing good comes from being less than 100% truthful.

Honesty leads to happiness. When you know you have told the truth, regardless of the outcome, you have the peace of mind that you did the right thing. And, the person you are being truthful with will appreciate not being lied to. Dishonesty leads to sadness, but honesty leads to joy.

CONVERSATION STARTERS

- 1. When do you struggle the most to tell the truth?
- 2. How does it make you feel when someone has lied to you?
- 3. How does it make you feel when someone is honest about something you did wrong?
- 4. Who's honesty do you admire the most and why?
- 5. Have your parents ever been dishonest with you? Have you ever been dishonest with your parents?

FUN IDEAS

- 1. Dad or daughter has to pay the other if they are caught in a lie.
- 2. After a month of being honest, let your daughter choose a fun activity for dad to treat!
- 3. Find and watch an old rerun of the game show "To Tell the Truth."







FOR DAD'S EYES ONLY

Are you consistent to follow through with what you tell your child you are going to do? It is much better to "under promise" and "over deliver." Perhaps you should ask your daughter if you have ever let her down by not doing what you said you would do. Are you hiding anything from your family? Ask your wife and children if they feel like you are open and honest.

- What did I learn about my daughter?
- What did I feel today?
- Based upon this insight, do I need to take action in any area? If so, what?



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"My father gave me the greatest gift anyone could give another person: he believed in me." - Jim Valvano







APRIL - LOVE SERVES OTHERS

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THE BIG PICTURE

We all like to be served - a hot meal at dinner, our clothes clean, folded and ready for use, a warm cup of coffee or hot cocoa when we need comfort; these little things make our lives easier and more pleasant. Sometimes we take for granted the time and effort our moms and dads put forth inside and outside our home.

But service is not a one-way street. When we serve others, instead of waiting to always be served, we make others feel valued. Service gives us the opportunity to show our gratitude to others by putting their needs and wants before our own.

CONVERSATION STARTERS

- 1. Who unselfishly serves us? How can we show them our appreciation?
- 2. How can we serve our family?
- 3. Who can we serve in our neighborhood without expecting anything in return?
- 4. Is there a community service project we can volunteer to help?
- 5. Is there a village or town overseas we can help that is poor and needy?

FUN IDEAS

- Divide into teams and see who can complete their chores the fastest.
- 2. Volunteer to feed the homeless at the inner city shelter.
- 3. Keep a chart on the refrigerator with stars for every act of service.



FOR DAD'S EYES ONLY

Yes, you work a day job, but your number one job is your role as husband and dad. Make sure you have enough emotional energy and margin when you arrive home, so you can share in the chores, help with homework, bathe and put the kids to bed. Service in the home is a gesture that illustrates your love and care. Find tasks that you can take responsibility for, such as servicing the cars, home repairs or lawn maintenance.

- What did I learn about my daughter?
- What did I feel today?
- Based upon this insight, do I need to take action in any area? If so, what?



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"One father is more than a hundred schoolmasters." - George Herbert









MAY - LOVE LOVES MOM

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THE BIG PICTURE

Moms are great lovers; they just seem to know how to love naturally, but they also love to be loved. What is your mom's/wife's love language? Does she like gifts, words of affirmation, quality time, affection or acts of service? Maybe from time to time she enjoys them all!

Another way to love on your mom/wife is to tell her all the details of your day. She feels valued when you let her in on the best and worst parts of your day at school and work. When you arrive home, give her the first five minutes uninterrupted, just to talk with her. Don't forget to listen too!

CONVERSATION STARTERS

- 1. What is your mom's/wife's love language?
- 2. How can you creatively love her this Mother's Day?
- 3. What you do admire most about your mom/wife?
- 4. What is her favorite restaurant or place to shop? Maybe buy her a gift certificate?
- 5. How can your honor and love your mom with your attitude and words?

FUN IDEAS

- 1. Write your mom/wife a letter thanking her for loving you.
- 2. Grow or make something just for mom.
- 3. Make a scrapbook full of fun memories with mom.







FOR DAD'S EYES ONLY

The best gift you can give your daughter is a healthy and growing relationship with their mom, your wife. How are you intentionally investing in your marriage? When did you last get away, just the two of you, for the weekend? Or, do you regularly take care of the children for her so she may have free time to restore and reenergize? Consider attending a marriage conference or marriage counseling to better your communication.

- What did I learn about my daughter?
- What did I feel today?
- Based upon this insight, do I need to take action in any area? If so, what?



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"It doesn't matter as much who my father was as it matters who I remember he was." - Anne Sexton





JUNE - LOVE RESPECTS DAD

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THE BIG PICTURE

Fathers love their children, and need to be loved in return. But in addition to love, it is also important to show him your respect. Dads work hard outside the home to provide a comfortable living inside the home. Sometimes it is easy to let your feelings get away from you when you show disrespect by talking back, not listening, or disobeying. When this happens, try to remember that this is hurtful. Go back to your dad, apologize, and ask for forgiveness. Dads feel loved when their little girls honor them with respectful words and attitudes. Show dad respect by trusting and obeying him with a smile.

CONVERSATION STARTERS

- 1. I feel most respected by my daughter when she...
- 2. I feel most disrespected by my daughter when she...
- 3. As a son and dad, here are ways I still respect my father...
- 4. Here are some ways I commit to respect my wife and children...
- 5. My love language as a father is...

FUN IDEAS

- 1. Let Dad chose any restaurant to have lunch or dinner on Father's Day.
- 2. Make him "King for the Day" with no responsibilities, just to be spoiled.
- 3. Write dad a nice note describing what you admire about him.





FOR DAD'S EYES ONLY

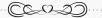
Be totally honest about your desire to be respected by your daughter. Let her know that you are committed to being a man of character, so it is easy for her to respect you for what you say and do. Also know that your model of love and respect for your wife is contagious to your daughter. Hold your wife in high esteem, and your daughter will do the same for your wife and you.

- What did I learn about my daughter?
- What did I feel today?
- Based upon this insight, do I need to take action in any area? If so, what?



"Any man can be a father. It takes someone special to be a dad." - Author Unknown





JULY - LOVE PLAYS

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THE BIG PICTURE

The dad and daughter who play together, stay together emotionally. Discover what you both enjoy doing individually and together.

If she is young, try biking, hiking, roller-skating, horseback riding, camping out, exploring state parks and scenic travel. As she becomes older, try tennis, golf, canoeing, water-skiing or snow-skiing/boarding. Come up with an adventure, activity, or hobby that your daughter enjoys and then take the time and money to enjoy it together.

CONVERSATION STARTERS

- 1. What is a hobby you would like to spend more time doing?
- 2. What low cost activities are fun to you and give you energy?
- 3. What cities in the United States would you like to visit? Foreign country?
- 4. What is a dream adventure for you?

FUN IDEAS

- 1. Buy tickets to a concert of your daughter's favorite band.
- 2. Surprise her with a treasure hunt, and let her discover the clues.
- 3. Ask your daughter to plan a fun Saturday with just the two of you.



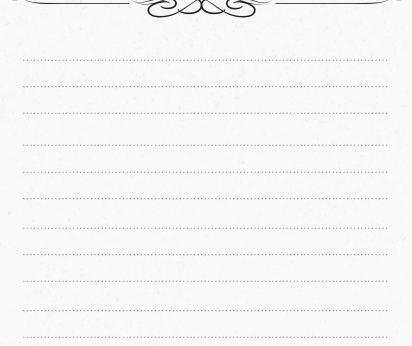




FOR DAD'S EYES ONLY

Rules without a relationship leads to rebellion. Therefore it is imperative for you to invest fun time with your daughter. The most teachable moments can be in the middle of really fun play – so play and laugh often.

- What did I learn about my daughter?
- What did I feel today?
- Based upon this insight, do I need to take action in any area? If so, what?



"Blessed indeed is the man who hears many gentle voices call him father!" - Lydia M. Child





AUGUST - LOVE WORKS

| Day of Date . | | | |
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THE BIG PICTURE

It is valuable for girls, just like boys, to learn the value of work. Why? Because work allows us to develop our God-given need to perform. It allows us to contribute to our family, to teams, at school and at the office. Work makes you feel better about yourself; it gives you confidence and makes you appreciative.

What chores around the house need your attention? Is it cleaning up after yourself? Organizing your room and closet? Or, is it planning better ahead to be on time? Begin now to establish good habits that will serve you well for life.

CONVERSATION STARTERS

- 1. What skill do you have that you want to develop (drawing, playing piano, running, writing)?
- 2. Ask your mom how you can help her around the house.
- 3. Ask your dad how you can help him around the house.
- 4. Volunteer at a local non-profit in which one might vou have interest?
- 5. Work on a plan with your dad to save, give and spend money.

FUN IDEAS

- 1. Take your daughter with you to work for a day or on a business trip.
- 2. Ask her what she may want to do when she grows up. and then arrange for her to have lunch with someone in that profession and see them work.
- 3. Help your daughter discover what she does well and encourage her to develop that gift or skill.



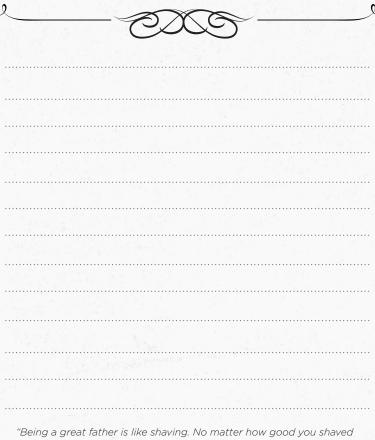


FOR DAD'S EYES ONLY

It takes some time and preparation to train your daughter, but this is necessary as the leader of your home. Ask your wife how your little girl can better support her. Make sure you follow through and hold her accountable.

Create work that is rewarding for your daughter by paying her and giving her privileges for carrying out her responsibilities with excellence. She will learn to be grateful for the effort it takes to earn those rewards, and in turn learn the value of hard work.

- What did I learn about my daughter?
- What did I feel today?
- Based upon this insight, do I need to take action in any area? If so, what?







SEPTEMBER - LOVE IS STUDIOUS

| Day of Date . | 3 - 13 - 13 - 14 - 14 - 14 - 14 - 14 - 1 | | | |
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THE BIG PICTURE

School is not always easy, and for some students it can become dreadful. So, it is important early on for young daughters to grow in their interest of learning – to become "lifetime learners." Dads can make learning interesting by explaining what she's learning now in a future context.

School is about doing your very best: if you are thorough in your preparation for a test and a "B" is your best, then you are successful. See your studies as a key that unlocks your life to exciting and new people, places, things, and opportunities.

CONVERSATION STARTERS

- 1. What are your favorite subjects at school? Why?
- 2. Who is your favorite teacher? Why?
- 3. How do you best learn? Listening, seeing, reading, doing?
- 4. What motivates you to study? Grades, interest, financial reward?
- 5. What profession do you think you wish to pursue?

FUN IDEAS

- 1. Throw a party to celebrate the beginning of the school year.
- 2. Contract with your daughter what you expect from her grades, her study habits and her social life.
- 3. Have her friends over for a sleep over early in the school year so you can see whom she is choosing as friends. Be there to help her make wise friendship choices.







FOR DAD'S EYES ONLY

Encourage your daughter to do her very best, but beware of comparing her to another sibling or student. Be there for her to stay focused on a course that she finds hard to comprehend. Hire a tutor if necessary, or take the time to tutor her yourself. Engage with your daughter's teachers on her behalf. Let your daughter know that you care and are there to help her.

- What did I learn about my daughter?
- What did I feel today?
- Based upon this insight, do I need to take action in any area? If so, what?



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"If you can give your son or daughter only one gift, let it be enthusiasm." - Bruce Barton



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OCTOBER - LOVE FORGIVES

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THE BIG PICTURE

Forgiveness is to relationships as oil is to a car engine: it keeps it moving forward in the right direction. No family members, especially dads and daughters, can grow in their love for one another without ongoing, unconditional forgiveness.

For example: Dad, be careful not to use a harsh tone when correcting your precious daughter. She is fragile, and your words hold more weight than you realize. Use patience, and she will learn to use patience with others. Be quick to ask her forgiveness when you bruise her sensitive spirit.

CONVERSATION STARTERS

- 1. When have I hurt your feelings? Will you forgive me?
- 2. Who in our family has hurt you? Have you forgiven them?
- 3. Who have you hurt that may need to forgive you?
- 4. Can we promise to always be quick to forgive one another?
- 5. What does true forgiveness look like?

FUN IDEAS

- Take your daughter and her friend out for ice cream or tea. Maybe it is a friend who she has had a hard time with recently.
- 2. Consider reading the Bible story of Joseph's forgiveness of his brothers.
- 3. Facilitate a "forgiveness agreement" between your wife and daughter.







FOR DAD'S EYES ONLY

It is all too easy to become oblivious with our insensitive words or attitudes. Be firm but gentle when guiding the heart of your little girl. Let them see the compassion on your face and the care in your heart. Above all, model for them the forgiveness of others in your life. Your home is a grudge free zone – apologies and forgiveness are all that are allowed.

- What did I learn about my daughter?
- What did I feel today?
- Based upon this insight, do I need to take action in any area? If so, what?



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"Daddy, a daughter's first love." - Author Unknown





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NOVEMBER - LOVE IS THANKEUL

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THE BIG PICTURE

No one has ever complained of too much appreciation. Thank each other often for what you mean to one another. Thank the other for their kind smile, their caring words, their encouraging attitude, and their heart of love.

A grateful daughter and dad are able to be content with who they are and what they have. They do not need things to make them happy for they are so blessed to enjoy what they already have: faith, family, food and health.

CONVERSATION STARTERS

- 1. What are you thankful for the most?
- 2. What do you appreciate the most about your daughter?
- 3. What do you appreciate the most about your dad?
- 4. How can you express your gratitude to your family, friends, teachers, coaches and others?

FUN IDEAS

- 1. Call your wife and daughter every day in November and thank them for something specific.
- 2. Write a note to a friend for a recent kind deed they extended to you.
- 3. Write out all the things you are thankful for today and see who can make the longest list.







FOR DAD'S EYES ONLY

Do you often appreciate your wife, children, parents, friends and work associates? If you do, how do you express it in a way that they notice? Your grateful heart generates gratitude in your children. Build them up with words of affirmation that highlight their strengths and grow their confidence. Do not underestimate the power of your words.

- What did I learn about my daughter?
- What did I feel today?
- Based upon this insight, do I need to take action in any area? If so, what?



[&]quot;If you want your children to improve, let them overhear the nice things you say about them to others." - Haim Ginott





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DECEMBER - LOVE IS GIVING

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THE BIG PICTURE

It is a paradox, but the giver receives more joy in giving than the receiver enjoys in receiving. They are both blessed, but the giver is blessed the most. Who can you and your daughter give to during this holiday season? Maybe it is a poor family from school, or a friend who has lost their job. Discuss as a family the real reason for the Christmas season and make every effort to keep its meaning pure and practical for the benefit of others.

CONVERSATION STARTERS

- 1. Who do we know that have much greater needs than we do?
- 2. What are some practical ways we can give to others during December?
- 3. What church can we participate in and celebrate Christmas?
- 4. How can we celebrate Christmas, as is meant to be celebrated?

FUN IDEAS

- 1. Purchase and wrap Christmas presents together for a needy family.
- 2. Host a Christmas open house in your home and get to know your neighbors.
- Attend a church Christmas play or musical program and discuss the message in light of the real reason for Christmas.







FOR DAD'S EYES ONLY

If you have been faithful this far with 11 N 11, you get an A-plus. Hopefully your intentionality this year has brought you closer together as father and daughter. Stay in the game, as each season of parenting has its own set of challenges. But you know firsthand the joy of investing in your little girl. Look for mentors ahead of you and be a mentor for those behind you. Why not make it 12 N 12? Book the dates now!.

- What did I learn about my daughter?
- What did I feel today?
- Based upon this insight, do I need to take action in any area? If so, what?



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"Don't worry that children never listen to you; worry that they are always watching you." - Robert Fulghum







Resources:

Books

She Calls Me Daddy by Bob Woglemuth
Shepherding a Child's Heart by Tedd Trip
Strong Fathers, Strong Daughters - 10 Secrets Every
Father Should Know by Meg Meeker, MD

Father Daughter Programs

www.jhranch.com

Websites

www.allprodad.com www.wisdomhunters.com



